

Little Rockers Kids Marathon

Little Rock Parks and Recreation's Therapeutic Recreation division is once again offering the ***Little Rockers Kids Marathon walking program***, a part of the Little Rock Marathon designed specifically for students with disabilities.

This program helps participants set goals and fosters a sense of accomplishment, while having fun and gaining health in the process. It is not a competitive program and youth may participate individually or as a class.

Each participant must complete **25.2 miles by February 17th, 2012**. (*That's only about 1 mile a week!*) The final mile will be completed with peers from schools around central Arkansas. We will walk/roll the last mile as a group on **Wednesday, February 22nd, 2012** (time and location to be determined).

Please note: The Final Mile is a one-mile, un-timed, non-competitive fun Walk /Roll and will NOT take place on the day of the actual marathon race.

Students who have met all requirements will receive a medal and T-shirt for participating, while also stepping up to health!



Helping students Step up to Health!



To Register:

Please complete the enclosed Sign-up Sheet and Individual Registration Forms, **REGISTRATION DEADLINE: NOVEMBER 18TH.**

Cost: \$10.00 per student which includes a T-shirt and Medal.

For any questions contact the Therapeutic Recreation Division at: **501-918-5359**

**CBI & Special
Education
Teachers**