



**Welcome to our Home
Dunbar
Community Center**



**2009 SPRING
PROGRAMS**



**Dunbar Community Center
1001 West 16th Street
Little Rock, AR 72202
(501) 376-1084
Fax (501) 301-7901
Visit our website:**

DUNBAR COMMUNITY CENTER

The Dunbar Community Center opened its doors on October 10, 1954. The lead story in the Arkansas Democrat Gazette read: The Dunbar Community Center for Negroes at West 16th and Chester Streets will open today. The facility cost was \$210,000.00 and opened under the City of Little Rock Parks and Recreation Department with funds provided by the Negro Park Bond issue. The Community Center was used for “everything” in the Negro community. Dunbar Community Center opened its doors with Albert Lamb as its first Director. Mr. Lamb solicited the advice of several community leaders and other community centers in the country to assist Dunbar in becoming the vehicle of choice for Negro sports, dances, club meetings, Scout activities, movies, dinners, stage plays, concerts, and much more.

Dunbar Community Center has seen the faces of several celebrities from near and far including professional athletes and entertainers: Al Green, Staple Singers, Hunter Sisters, Hunter Brothers, Sidney Moncrief, and many more.

Dunbar Community Center now has its first major facelift with a newly renovated and expanded facility from the citizens of Little Rock bond issue val-

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FEE STRUCTURE

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Membership Fees:

Daily Fees

Youth under 6	Free w/Adult
Youth (6 – 15)	\$2.00
Adults (16 – 54)	\$3.00
Adults (55+)	\$2.00

Monthly Fees

Youth under 6	Free w/Adult
Youth (6 – 15)	\$12.00
Adults (16 – 54)	\$25.00
Adults (55+)	\$12.00

For the enjoyment and pleasure of our members and guest, we provide the following:

- **Full-Size Gymnasium**
- **Multi-Purpose Activity Rooms**
- **Banquet Hall**
- **Full Compliment Kitchen**
- **Lighted Parking**
- **Full Compliment of Weight Machines & Cardio Equipment**
- **Professional Staff**

Instructional Classes

Youth 6 – 15 & Senior Adults (55+)

Registration Fee \$10.00 Monthly

Adults 16 – 54

Registration Fee \$15.00 Monthly

Adult and Youth Athletics and League Fees

See Program Description

FACILITY RENTALS

Multi-Purpose Rooms

Multi-Purpose Rooms (Per Hour Charge)	\$50.00	
Includes all individual rooms		
Multi-Purpose Rooms Rental Deposit		\$25.00
Each additional hour	\$25.00	

Banquet Hall

Entire Banquet Hall (Per Hour Charge)		\$100.00
Entire Banquet Hall Deposit		\$50.00
Each additional hour	\$50.00	

Kitchen

\$50.00 Charge + \$50 Deposit		\$100.00
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Entire Facility

Entire Facility (Minimum 3 Hours) (Excludes Gym & Game Room)		\$500.00
Entire Facility Rental Deposit		\$50.00
Each Additional Hour	\$100.00	

Gymnasium Rental is not available for non-athletic rentals.

- All rental agreements require a 3-hour minimum charge.
- All rental agreements must have prior approval to charge admission.
- Other rental regulations must be observed per Policies and Procedure Agreement.

ATHLETIC RENTALS

Practices for Adult and Youth Independent Teams Registered in Parks and Recreation League

A. Practice <i><u>During</u></i> Regular Operating Hours		
Per Hour ½ Court		\$15.00
Per Hour Full Court		\$25.00
B. Practice <i><u>After</u></i> Regular Operating Hours		
2 Hour Minimum – Full Court		\$50.00
Each Additional Hour		\$20.00

Independent Athletics Games

Concession Rights must be approved by Little Rock Parks and Recreation Director		
2 Hour Minimum		\$150.00
Each additional ½ hour (up to 4 hours)		\$25.00
Gymnasium Deposit		\$50.00

Gymnasium Activities

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Monday – Friday

Walk for Exercise	9:00am – 11:00am
Open Play for Adult Members	11:00am – 1:00pm
Walk for Exercise	1:00pm – 3:00pm
After School Activities	3:00pm – 5:30pm



After the team lost 20 consecutive games, Coach Farnsworth did his best to help his players regain their confidence.

Game Room Activities

Monday – Friday

Senior Member Activities	10:00am – 12:00pm
Open Play for Adult Members	12:00pm – 3:00pm
After-school Activities	3:00pm – 5:30pm

Monday – Thursday

Open Play for Youth Members	5:30pm – 7:30pm
Open Play for Adult Members	7:30pm – 9:00pm

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After School Programs

Monday – Friday
2:30pm – 6:00pm
\$25.00 per month

Registration is limited per semester.
Dunbar Community Center offer a variety of
after school programs which include:

Tutorial Program

Basketball	Football	Dance
Gymnastics	Computer	Cooking
Soccer	Golf	Tennis
Track & Field	Game Room	Volleyball
Arts & Crafts	Girl Scouts	Boy Scouts
Music	Youth Fitness	Drama
L.R. Marathon	Video Challenge	Cheerleading

Programs vary annually and by season

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Youth Athletics

Objectives of Youth Athletics:

- The participant will be assigned to a team of their own age group.
- The participant will be instructed in the basic rules and techniques of the sport.
- The participant will participate in team competition to determine league standings, which determine overall team ability compared to other teams in the league.
- The participant learns teamwork, discipline and individual skills required to play the sport.

Soccer

Registration Fee: \$10.00

Days & Hours: Practice: Monday, Tuesday and Wednesday
5:00pm – 6:30pm

League Games: Tuesday & Thursday (April & May)

Track

Registration Fee: \$10.00

Days & Hours: Practice: Tuesday, Wednesday, and Thursday
6:00pm – 7:30pm

Meet Days: TBA

Baseball

Registration Fee: \$10.00

Days & Hours: Practice: Monday, Tuesday, and Wednesday
6:30pm – 8:00pm

Game & Practice Days: TBA

Little League Baseball

Pony League

9–12 Boys

13–15 Boys

Registration for all these athletic programs begin March 2

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Youth Spring Basketball

Jr. Hoops Basketball League

JR Division - 6th—8th Grade

Games played on Tuesday & Thursday

SR Division—9th—12th Grade

Games played on Monday & Wednesday

6:00pm, 7:00pm, and 8:00pm

Registration Fees

- Community Center Teams

Individual Players \$10.00

- Independent Teams \$100.00

Program Registration begins February 16, 2009

Advanced Basketball Training

Saturdays 9:00am—12:00pm

Membership Required \$12.00 per month

This program is for players who have played Spring and Summer basketball for at least two years.

Program Registration begins March 2, 2009

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Joint Partnerships



This fun 1-day event is for youth involved in our baseball program. Each competitor who participates in pitching, hitting or running in a local program has the opportunity to advance to the Sectional, Team Championship and National Finals at Yankee Stadium.



Hershey's Track & Field Program was created over 30 years ago to promote youth physical fitness and provide fun learning experiences for children 9 to 14 years old. Youth participate in various track and field events and have the opportunity at the local level to advance to Regional Finals and the National Finals in Pennsylvania.

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Youth Instructional Classes

Dance (Ages 6 – 15)

\$10.00 per month

The participant will be made aware of the different styles of dances, which allows participant to move to different tempos and beats. Participants will be given the opportunity to perform.

Days & Hours: Monday & Wednesday
5:00pm–6:00pm
6:00pm – 7:00pm

Music—Keyboard (Ages: 6–12)

\$10.00 per month

The participant is introduced to the techniques involved in playing key-boards and percussion; vocals with rhythm concepts; and at the end of the course the participant should be able to play a familiar melody and create music in a studio.

Youth Music Class

Days & Hours: Tuesday & Thursday
5:00pm – 6:00pm
6:00pm–7:00pm

Youth Fitness (Ages 9 – 15)

\$10.00 per month

Participants will establish weight loss goals, be introduced to proper fitness programs and eating habits; and introduced to basic exercise and use of minimal fitness equipment.

Days & Hours: Tuesday & Thursday
6:00pm – 8:00pm

Golf Program (Ages 9 – 14)

\$10.00 per month

Participants will be involved in the First Tee Golf Program and travel to the their golf course for lessons and golf course etiquette.

Days & Hours: Wednesday
4:30pm – 6:00pm

Adult Instructional Classes

Adult Dancing

\$15.00 per month

The participant will be made aware of the different styles of line dances, which allows participant to move to different tempos and beats. Including line and step dance and ballroom.

Days & Hours: Monday & Wednesday
7:00pm – 8:00pm

Aerobics

\$15.00 per month

The participant is introduced to a variety of different cardiovascular exercises to improve strength, endurance, flexibility, stamina and energy, which may assist in lowering cholesterol, losing weight and toning the body. The participant will learn a longer, healthier lifestyle.

Basic Aerobics

Days & Hours: Tuesday & Thursday
6:00pm – 7:00pm

Advanced Aerobics

Days & Hours: Tuesday & Thursday
8:00pm – 9:00pm

Fitness Class

\$15.00 per month

Participants will establish weight loss goals, be introduced to proper fitness programs, eating habits, basic exercise and use of fitness equipment

Days & Hours: Tuesday & Thursday
7:00pm – 8:00pm

Boot Camp Fitness

\$15.00 per month

Participants will provide a total workout, including heart health, to improve cardiovascular & muscle endurance, weight (fat loss) and a variety of mental and physical exercises.

Days & Hours: Monday & Wednesday
6:00am–7:00am

Special Programs and Activities

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After School End of the Year Picnic

Participants in the after school program will have their annual end of the school year picnic with food, fun and games.

Thursday, May 28 3:00pm—6:00pm

Video Game Challenge Membership Required

Youth and adults are provided an opportunity to compete in various video games and advanced to tournament level play to win prizes.

Monday Evenings 5:30pm – 7:30pm

COMPUTER FUN

Adult Computer Classes

Participants learn the basics of computer including how to operate the computer, introduction and surfing of internet, how to operate programs and more.

Tuesday Evenings 6:30pm—8:30pm

Youth Website Building Classes

Middle school students have the opportunity to build their own personal websites and take entrepreneurship to a successful level. Students learn proper techniques for computer use of this program.

Tuesday's 5:30pm—6:30pm



SECTION I. GENERAL FACILITY POLICIES

- No unsportsmanlike conduct allowed in facility, programs, or playground.
- No horseplay or fighting in building or on facility grounds.
- Participants must have a membership to utilize facility equipment and programs.
- No drugs or alcohol is permitted in or around the facility.
- No profanity or loud prolonged noises acceptable in the building.
- Youth members may participate in activities at scheduled times. Youth memberships are not privileged access during school hours of LRSD.
- Our facility does not allow general public use of our facilities for services and guidelines not listed in the facility brochure.
- No firearms or fireworks allowed in the facility or within 25 feet of the building.

SECTION II. PARTICIPANT DISCIPLINARY POLICIES

- Participants violating rules may be asked to leave or reprimanded by Facility Manager.
- Participants who disrespect staff (use of profanity or refusal to follow instructions which violate policies) will be given a reprimand.
- Participants can not be suspended from programs unless approved by Facility Manager.
- A participant is defined as anyone who enters the facility, enroll in a program, or purchase a membership.
- Participants must follow all program guidelines will enrolled in a program on-site and away from the facility.
- Disciplinary procedures may include warning, written reprimand, verbal reprimand, suspension, or expulsion from the facility.

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WE ARE HERE FOR YOU!!!

Little Rock Parks and Recreation Administrators

Director	Truman Tolefree
Recreation Manager	Eddie Cole
Recreation Supervisor	Claudius Johnson

Dunbar Community Center Staff

Facility Manager	Selandria Jackson	
Program Managers	Carol Bealer	
	Rochelle Burton	
	Anthony Moorman	
Play Leaders	Charles Baird	Argentrea Caldwell
	Karla Rodgers	Thomas McCastle
Maintenance	James Bowens	Dock Sampson
Athletic Staff	C. V. Jones	
	Fred Hokes	

Parks and Recreation is pleased by the support of the City of Little Rock Board of Directors who provide recreation programs in our City.

City of Little Rock Board of Directors

Mark Stodola, Mayor
Joan Adcock
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Position 8

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Position 9

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Ward 7

Bruce Moore, City Manager

Bryan Day, Assistant City Manager

